



"Your Nutrition Ally"



Lemon & Strawberry Flavour

# Complete Daily Wellness Gummy (Multivitamin & Mineral)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	7.7 mg	<1%	<1%	<1%
Vitamin C (as Ascorbic Acid)	12 mg	27%	15%	18%
Vitamin E (as D-Alpha Tocopherol Acetate)	2.5 mg	25%	25%	25%
Pantothenic Acid (as Calcium-D-Pantothenate)	1.25 mg	38%	25%	25%
Zinc (as Zinc Citrate)	1 mg	12%	7%	8%
Magnesium (as Magnesium Citrate)	0.5 mg	1%	0.25%	<0.5%
Vitamin A (as Vitamin A Palmitate)	187.5 mcg	29%	22%	22%
Folate (1 Folic acid=1.7 Folate Equivalent)	50 mcg	27%	19%	23%
Iodine (as Potassium Iodide)	19 mcg	18%	14%	13%
Vitamin D (as Ergocalciferol)	1.25 mcg	8.3%	8.3%	8.3%
Vitamin B12 (as Cyanocobalamin)	1 mcg	45%	45%	45%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Vitamin C, Sodium Chloride, Vitamin E, Pantothenic Acid, Zinc, Magnesium, Lemon & Strawberry Flavour and Food Colour: Curcumin (INS 100) & Black Carrot Concentrate (Daucus Carota root extract). Vitamin A, Folic Acid, Iodine, Vitamin D, Vitamin B12. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Mango Flavour

# Energy Booster Gummy (B-Complex)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Choline (as Choline dihydrogen Citrate)	25 mg	10%	6%	6%
Vitamin B5 (as Calcium-D Pantothenate)	2 mg	61%	40%	40%
Vitamin B6 (as Pyridoxine Hydrochloride)	0.5 mg	30%	22%	26%
Vitamin B1 (as Thiamine Hydrochloride)	0.3 mg	25%	18%	21%
Folate (1 Folic acid= 1.7 Folate Equivalent)	100 mcg	53%	37%	45%
Inositol	20 mcg	2%	2%	2%
Biotin	6 mcg	20%	20%	20%
Vitamin B12 (as Cyanocobalamin)	0.6 mcg	27%	27%	27%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Choline, Vitamin B5, Vitamin B6, Vitamin B1, Mango Flavour and Food Colour: Curcumin (INS 100). Folic Acid, Inositol, Biotin, Vitamin B12.

This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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Mango & Strawberry Flavour

# Bone Support Gummy (Calcium & Vit.D)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	12 kcal	<0.6%	<0.6%	<0.6%
Total Carbohydrate	3.2 g	*	*	*
Sugar	2.4 g	*	*	*
Dietary Fiber (as pectin)	0.08 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Calcium (as Tricalcium Phosphate)	125 mg	23%	13%	13%
Vitamin D (as Ergocalciferol) (200IU of Vitamin D=5 mcg)	200 IU	33%	33%	33%

Approximate Phosphorous content from Tricalcium Phosphate, which is a source of both calcium & phosphorus is 70mg/gummy

\*\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17years & Adults based on a 2000kcal diet.  
 #An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
 \*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Content of phosphorus is not substantiated. Approximate phosphorus content is mentioned for reference purpose only. Tricalcium phosphate provides calcium & phosphorus which are essential minerals.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Tricalcium Phosphate, Mango & Strawberry Flavour and Food Colour: Curcumin (INS 100) & Black Carrot Concentrate (Daucus Carota root extract), Vitamin D. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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Lemon Flavour

# Bone Strength Gummy (Vitamin D)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Vitamin D (as Ergocalciferol) (400IU of Vitamin D=10 mcg)	10 mcg	67%	67%	67%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Lemon Flavour and Food Colour: Curcumin (INS 100), Vitamin D. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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Orange Flavour

# Immune Vitalizer Gummy (Vitamin C)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values		
		in Children (5-12 years)	in Teens (13-17 years)	in Adults (18 years & Above)
Calories	7.5 kcal	<0.5%	<0.5%	<0.5%
Total Carbohydrate	2 g	*	*	*
Sugars	1.5 g	*	*	*
Dietary Fiber (as Pectin)	0.05 g	*	*	*
Proteins	0 g	0%	0%	0%
Fats	0 g	0%	0%	0%
Sodium	4 mg	<0.5%	<0.5%	<0.5%
Vitamin C (as Ascorbic Acid)	30 mg	67%	46%	46%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Vitamin C, Orange Flavour and Food Colour: Paprika (INS160c). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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Strawberry Flavour

# Blood Builder Gummy (Folic Acid)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30 Contents	Amount Per Serving	**Approx % Daily Values In Prenatal and Expectant mothers
Calories	7.5 kcal	<0.5%
Total Carbohydrate	2 g	*
Sugars	1.5 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Folate (1 Folic acid = 1.7 Folate Equivalent)	500 mcg	100%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Prenatal & Expectant Mothers.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Strawberry Flavour and Food Colour: Black Carrot Concentrate (INS 163), Folic Acid.  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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Strawberry Flavour

# Kids Iron Gummy

## (Bioavailable Iron)

### NUTRITIONAL INFORMATION

Contents	Amount Per Serving	**Approx % Daily Values	
		In Kids (5-12 years)	In Teens (13-18 years)
Energy	16 kcal	<1%	<1%
Total Carbohydrate	4.4 g	*	*
Sugars	3.2 g	*	*
Dietary Fiber (as Pectin)	0.10 g	*	*
Proteins	0 g	0%	0%
Fats	0 g	0%	0%
Sodium	8 mg	<1%	<1%
SunActive Fe; Ferric Pyrophosphate (contains Elemental Iron 13mg)	170 mg	100%	50%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

SunActive® Fe is a registered trademark of Taiyo Kagaku International, Japan

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Iron, Strawberry Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Natural Sweetener Stevia (INS 960).

This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Mango Flavour

# Antioxidant Anti-Inflammatory Gummy (Curcumin)

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	16 kcal	<1%
Total Carbohydrate	4.4 g	*
Sugars	3.2 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Cureit Curcumin	130 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Mango Flavour and Food Colour: Curcumin (INS 100), Cureit Curcumin, Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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"Your Nutrition Ally"



Strawberry Mix Flavour

# Sharp Eye Vision Gummy (Lutein Astaxanthin & Zeaxanthin)

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
<b>Contents</b>		
Energy	16 kcal	<1%
Total Carbohydrate	4.4 g	*
Sugars	3.2 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Omega 3 : DHA(Algal DHA 10%) (Docosahexaenoic acid)	100 mg	*
Vitamin C ( as Ascorbic Acid)	30 mg	46%
Vitamin E ( as D-Alpha Tocopherol Acetate)	5.04 mg	50%
Lutein 20%	4 mg	*
Astaxanthin 2%	1600 mcg	*
Zeaxanthin 10%	800 mcg	*
Vitamin A (as Vitamin A Palmitate)	499.8 mcg	78%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

**Ingredients:** Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Omega 3, Vitamin C, Vitamin E, Lutein 20%. Strawberry Mix Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Astaxanthin 2%, Zeaxanthin 10%, Vitamin A, Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

**Free of:** Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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"Your Nutrition Ally"



Strawberry-Mint Flavour

# lutein+ for eye

Clinically Trialled Lute-gen®  
a combination of Lutein & Zeaxanthin  
may protect Eye from diseases or strain

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	<1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Lutein(Lutegen® 50mg Marigold Flower (Tagetes erecta Extract)	10 mg	*
Zeaxanthin (Lutegen® 50mg Marigold Flower (Tagetes erecta Extract)	2 mg	*

\*\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Sodium Chloride, Lutegen Zeaxanthin Complex, Strawberry-Mint Flavour, Natural Sweetener Stevia (INS 960), This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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Lutein is a Registered Trademark of Biogen Extracts Pvt Ltd., with a Vision for your Future, & Lutein beyond eye health. "A randomized, double-blind, parallel, placebo-controlled study demonstrated Higher MPOD values may reduce the risk of various eye diseases, especially late forms of Age-related Macular Degeneration (AMD), and could protect the ocular cells against oxidative damage and blue light



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"Your Nutrition Ally"



Kaccha Aam Flavour

# Immuno Defence Gummy (Phytonutrients)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Elderberry extract (sp. Sambucus Nigra standardized to 4% flavones)	50 mg	*
Vitamin C (as Ascorbic Acid)	25 mg	38%
Blueberry extract (sp. Vaccinium corymbosum standardized to 25% anthocyanins)	25 mg	*
Vitamin E (as D-alpha tocopherol Acetate)	5 mg	50%
Zinc (as Zinc Citrate)	3 mg	23%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Elderberry Extract, Vitamin C, Blueberry Extract, Vitamin E, Zinc. Kaccha Aam Flavour, Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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"Your Nutrition Ally"



Strawberry Flavour

# Hair Skin Nail Gummy (Biotin)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Vitamin C ( as Ascorbic Acid)	11.25 mg	17%
Vitamin E (as D-alpha tocopherol Acetate)	10 mg	100%
Inositol	2.5 mg	< 1%
Zinc (as Zinc Citrate)	1 mg	8%
Vitamin B6 ( as Pyridoxine HCL)	0.25 mg	13%
Vitamin A (as Vitamin A Palmitate)	300 mcg	35%
Folate (1 Folic acid= 1.7 Folate equivalent)	220 mcg	100%
Biotin	30 mcg	100%
Iodine (as Potassium Iodide)	21 mcg	14%
Vitamin B12 (as Cyanocobalamin)	1 mcg	45%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Teens 13-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\* Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Vitamin C, Vitamin E, Inositol, Zinc, Vitamin B6. Strawberry Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Vitamin A, Folic Acid, Biotin, Iodine, Vitamin B12. Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Apple Flavour

# Appetizer Detox Gummy

(With Apple Cider Vinegar)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Apple Cider Vinegar (5% Acetic Acid)	250 mg	*
Folate (1 Folic acid = 1.7 Folate equivalent)	100 mcg	45%
Beet root extract (beta vulgaris)	20 mcg	*
Pomegranate extract (standardized to 20% ellagic acid)	20 mcg	*
Vitamin B12 (as Cyanocobalamin)	0.5 mcg	23%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Teens & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Apple Cider Vinegar. Apple Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Folic Acid, Beet root Extract, Pomegranate Extract. Natural Sweetener Stevia (INS 960), Vitamin B12. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Apple Flavour

# Appetizer Pro Detox Gummy

(With Apple Cider Vinegar)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Apple Cider Vinegar (5% Acetic Acid)	500 mg	*
Folate (1 Folic acid=1.7 Folate equivalent)	100 mcg	45%
Beet root extract (beta vulgaris)	20 mcg	*
Pomegranate extract (standardized to 20% ellagic acid)	20 mcg	*
Vitamin B12 (as Cyanocobalamin)	0.5 mcg	23%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Teens & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Apple Cider Vinegar. Apple Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Folic Acid, Beet root Extract, Pomegranate Extract. Natural Sweetener Stevia (INS 960), Vitamin B12. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

# Sleep Inducer & Anxiety Relief Gummy (Melatonin)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
Energy	8 kcal	<1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Fats	0 g	0%
Sodium	4 mg	<0.5%
Melatonin (as N-Acetyl-5-Methoxytryptamine)	5 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
 #An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
 \*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.  
 Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Melatonin, Strawberry Flavour and Food Colour : Black Carrot Concentrate (Daucus Carota root extract), Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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"Your Nutrition Ally"



Strawberry-Mint Flavour

# she-arise gummy

(With Goodness Of Rejuvenating Herbs Panax Ginseng, Ginkgo Biloba & Fenugreek Extract)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
<b>Contents</b>		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.4 g	*
Sugars	1.77 g	*
Dietary Fiber (as pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Fenugreek Extract (Trigonella-foenum-graecum-seeds extract)	125 mg	*
(Panax ginseng (Syn:Korean Ginseng) extract - (obtained from 0.6 to 2.0 g of Ginseng root, (Panax ginseng. C A. Meyer, Araliaceae)	30 mg	*
Ginkgo biloba (Ginkgo biloba extract obtained from dried leaves of Ginkgo (Ginkgo biloba. L.)	10 mg	*
Saffron (Crocus sativus I. STYLE/STIGMA	15 mg	*
Zinc (as Zinc Citrate)	5 mg	29%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Fenugreek Extract, Panax ginseng, Zinc, Strawberry-Mint Flavour and Food Colours, Coating (INS903 & INS 905e), Natural Sweetener Stevia (INS 960).  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

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"Your Nutrition Ally"



Strawberry Flavour

# PMS Gummy

(Chamomile & Chaste Berry)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values in Teen Girls (13-17yrs) & Adults Women
Energy	8.3 kcal	< 1%
Total Carbohydrate	2.28 g	*
Sugars	1.68 g	*
Dietary Fiber (as Pectin)	0.06g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Lemon Grass (Rosha ghas whole plant) extract	50 mg	*
Chamomile (Matricaria chamomilla (Matricaria recutita) aerial parts extract)	20 mg	*
Pumpkin Seed extract (Cucurbita pepo, C. maxima)	20 mg	*
Chaste berry (Vitex agnus-castus Linn. fruit extract)	10mg	*
Beet root extract (Beta vulgaris)	10 mg	*
Vitamin B6 ( as Pyridoxine HCL)	0.5 mg	26%
Folate (1 Folic acid= 1.7 Folate Equivalent)	100 mcg	45%
Vitamin B12 (as Cyanocobalamin)	2 mcg	91%

\*\*%RDA calculated is based on ICMR 2020 guidelines for Teen Girls (13-17yrs) & Adult women based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Lemon Grass, Chamomile, Pumpkin Seed Extrat, Chaste berry, Beet root Extract, Vitamin B6, Strawberry flavour and Food Colours: Black Carrot concentrate (Daucus Carota root extract), Natural Coating (INS903 & INS905e), Folic Acid, Vitamin B12, Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA.



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"Your Nutrition Ally"



Apple Flavour

# glow skin gummy

(Veg Collagen & Hyaluronic Acid)

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15 Contents	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Calories	16.6 kcal	<2%
Total Carbohydrate	4.56 g	*
Sugars	3.36 g	*
Dietary Fiber (as Pectin)	0.12 g	*
Proteins	0 g	0%
Sodium	8 mg	<1%
Fats	0 g	0%
Hyaluronic Acid	25 mg	*
Acerola (Malpighia emarginata fruit extract) (standardized to 17% Natural Vitamin C)	25 mg	*
Collagen peptide	15 mg	*
Omega 3 :DHA(Algal DHA 10%) (Docosahexaenoic acid )	25 mg	*
Zinc (as Zinc citrate)	7 mg	54%
Seabuckthorn (Hippophae rhamnoides fruit dried powder)	5 mg	*
Vitamin E (as D-Alpha Tocopherol Acetate)	5 mg	50%

\*\*%RDA calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440,418,407), Acidity Regulator (INS 330, & 331iii), Vegan Hyaluronic Acid, Acerola, Collagen Peptide, Omega 3, Zinc, Seabuckthorn, Natural Vitamin E. Apple Flavour and Food Colours : Black Carrot concentrate (Daucus Carota root extract), Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat(Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA.



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"Your Nutrition Ally"



*Kaccha Aam (Tangy-Mango)*

# Skin Defence Gummy (Phytonutrients)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving: per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Contents		
Energy	8 kcal	< 1%
Total Carbohydrate	2.2 g	*
Sugars	1.6 g	*
Dietary Fiber (as Pectin)	0.05 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Elderberry extract (sp. Sambucus Niagra standardized to 4% flavones)	50 mg	*
Vitamin C (as Ascorbic Acid)	25 mg	38%
Blueberry extract (sp. Vaccinium corymbosum standardized to 25% anthocyanins)	25 mg	*
Vitamin E (as D-alpha tocopherol Acetate)	5 mg	50%
Zinc (as Zinc Citrate)	3 mg	23%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Elderberry Extract, Vitamin C, Blueberry Extract, Vitamin E, Zinc. Kaccha Aam (Tangy-Mango) Flavour, Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Orange Flavour

# slim gummy

(With L- Carnitine & Green Coffee Extract)

## NUTRITIONAL INFORMATION

Contents	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Serving Size: 1 Gummy No. of Serving: per container 30		
Energy	8.3 kcal	<1%
Total Carbohydrate	2.28 g	*
Sugars	1.68 g	*
Dietary Fiber (as Pectin)	0.6 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	11 mg	<1%
Green Coffee Bean Extract	40 mg	*
Vitamin C (as Ascorbic Acid)	20 mg	31%
L-Carnitine	20 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Sodium Chloride, Green Coffee L-Carnitine, Orange flavour and Food Colours: Paprika (INS160c) Coating (INS903 & INS 905e), Vitamin C, Sodium, Natural Sweetner Stevia(INS 960).  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat(Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

# vitality gummy

(With Ashwagandha)

## NUTRITIONAL INFORMATION

Contents	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Serving Size: 2 Gummies No. of Serving: per container 15		
Energy	17.6 kcal	<1%
Total Carbohydrate	4.8 g	*
Sugars	3.54 g	*
Dietary Fiber (as Pectin)	0.12 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Ashwagandha (Withania Somnifera Root Extract)	300 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Ashwagandha, Strawberry flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Natural Sweetener Stevia(INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

# focus gummy

(With Vitamin D & Ashwagandha)

## NUTRITIONAL INFORMATION

Contents	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Serving Size: 2 Gummies No. of Serving: per container 15		
Energy	17.6 kcal	<1%
Total Carbohydrate	4.8 g	*
Sugars	3.54 g	*
Dietary Fiber (as Pectin)	0.12 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	8 mg	<1%
Ashwagandha (Withania Somnifera Root Extract)	300 mg	*
Vitamin D (as Ergocalciferol)	10 mcg	67%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Natural Sweetener Stevia Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Ashwagandha, Strawberry Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Vitamin D, Natural Sweetener Stevia (INS 960).  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



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"Your Nutrition Ally"



Strawberry Flavour

# relax gummy

(With Melatonin & Ashwagandha)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.4 g	*
Sugars	1.77 g	*
Dietary Fiber (as Pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Ashwagandha (Withania Somnifera Root Extract)	50 mg	*
Melatonin (as N-Acetyl-5-Methoxytryptamine)	5 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Ashwagandha, Melatonin, Strawberry Flavour and Food Colours: Black Carrot Concentrate (Daucus carota root extract), Natural Sweetener Stevia(INS 960).  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



GELATIN FREE



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"Your Nutrition Ally"



Chyawanprash Flavour

# immunoprash gummy

(With Goodness Of Ayurvedic 50+ Herbs)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
Energy	8.8 kcal	< 1%
Total Carbohydrate	2.41 g	*
Sugars	1.8 g	*
Dietary Fiber (as pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	< 0.5%
Immuno-Praash Nutraceutical Blend Blend of Giloy, Ashwagandha, Mahameda, Amla, Harad, Draksha, Gokshura & other nutraceutical ingredients	132 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440,418, 407), Acidity Regulator (INS 330, & 331iii), Aegle marmelos Rp Frt, Clerodendrum plomidis Whl plt,Oroxylum indicum Brk ext., Gmelina arborea stm., Sida cordifolia ext., Desmodium gangeticum whl plntext., Uria picta whl plnt ext.,Vigna trilobata whl plnt ext., Teramnus labialis whl plnt ext., Tribulus terrestris whl plnt ext., Solanum indicum Rt Ext., Pistacia integerrima Gil Ext., Phyllanthus emblica dr frtExt., Vitis vinifera – fruit dry extract, Leptadenia reticulata whl plnt ext., Inula racemosa Rt. Ext.,Cinnamomum verum Brk Ext., Tinospora cardifolia ext.,Tinospora cardifolia -extract, Dioscorea bulbifera tbr ext., Hedychium spicatumRz. Ext., Cyperus rotundus ext., Trianthema portulacastrum whl plnt ext., Asparagus racemosus tbr Rt.Ext., Eleteria cardamomum sd ext., Nymphaea alba fl ext., Ipomoea digitata rt tbr ext., Adhatoda zeylanicaRt. Ext., Polygonatum verticillatum Rz. Withania somnifera Ext., Piper longum Ext., Cinnamomum tamala –Leaf, Boerhavia diffusaLf., Mesua ferrea St., Glazing agent food grade (INS 905e) Carnauba Wax (INS 903), Natural Sweetener Stevia(INS 960).

This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

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This product is not meant to diagnose, treat, prevent or cure any disease.

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"Your Nutrition Ally"



Strawberry-Mint Flavour

# testosterone booster gummy

(With Goodness Of Rejuvenating Herbs Panax Ginseng, Ginkgo Biloba & Fenugreek Extract)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Amount Per Serving	**Approx % Daily Values in Adults (18 years & above)
<b>Contents</b>		
Energy	8.8 kcal	<1%
Total Carbohydrate	2.4 g	*
Sugars	1.77 g	*
Dietary Fiber (as pectin)	0.06 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	4 mg	<0.5%
Fenugreek Extract (Trigonella-foenum-graecum-seeds extract)	125 mg	*
(Panax ginseng (Syn;Korean Ginseng) extract - (obtained from 0.6 to 2.0 g of Ginseng root, (Panax ginseng. C A. Meyer, Araliaceae)	30 mg	*
Ginkgo biloba (Ginkgo biloba extract obtained from dried leaves of Ginkgo (Ginkgo biloba. L.)	10 mg	*
Saffron (Crocus sativus I. STYLE/STIGMA	15 mg	*
Zinc (as Zinc Citrate)	5 mg	29%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330, & 331iii), Fenugreek Extract, Panax Ginseng, Ginkgo, Saffron, Zinc, Strawberry-Mint Flavour and Food Colours, Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

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"Your Nutrition Ally"



NO ADDED SUGAR



Chyawanprash Flavour

# immuno powerprash gummy

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy No. of Serving per container 30	Qty./ Serving	**Approx % Daily Values In Children (5-17 years) & Adults (18 years & above)
<b>Contents</b>		
Energy	4.2 kcal	< 1%
Total Carbohydrate	2 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	2 g	*
Proteins	0 g	0%
Fat	0 g	0%
Ashwagandha (Withania somnifera (L.))	10 mg	*
Spinach Powder Spray Dried (Spinacia oleracea)	5 mg	*
Proprietary Chawanprash (Nutraceutical Blend of Giloy, Guduchi, Ashwagandha, Mahameda, Amla, Harad, Draksha, Gokshura & other nutraceutical ingredients)	132 mg	*
Ginger Extract (as Zingiber officinale)	5 mg	*
Tulsi Extract (as Ocimum tenuiflorum)	5 mg	*
Amla Extract (as Phyllanthus emblica)	2.5 mg	*
Brahmi Extract (as Bacopa monnieri)	2.5 mg	*
Zinc (as Zinc sulphate)	3 mg	9%

\*\*\*RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

Ingredients: Honey, Maltitol Syrup (INS 965ii), Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331iii), Aq. Powder Extract of Amalaki (Emblca officinalis Gaertn) Fruit, Pippali (Piper longum) Fr., Bilva (Aegle marmelos) St.Bk, Agnimantha (Clerodendrum phlomidis) Rt., Shyonak (Oroxylum indicum) St.Bk, Gambhari (Gmelina arborea) St.Bk., Bala (Sida cordifolia) Wh.Pl., Prunshparni (Uraria picta) Shalparni (Desmodium gangeticum) Rt., trilobus Wh.Pl., Mashaparni Wh.Pl., Mudgaparni (Phaseolus Teramnus labialis) Wh.Pl., Gokshur (Tribulus terrestris) Fr., Bruhathi (Solanum indicum) Wh.Pl., Kantakari (Solanum xanthocarpum), Wh.Pl. Karkatshringi (Pistacia integerrima) Globu., Tamalaki (Phyllanthus niruri) Wh.Pl., Draksha (Vitis vinifera) Fr., Jivanti (Leptadenia reticulata) Rt., Pushakra (Inula racemosa) Rt., Twak (Cinnamomum zeylanicum) St.Bk., Haritaki (Terminalia chebula) Fr., Giloy (Tinospora cordifolia) St., Riddhi/Jivak/Rushabhak/Vridhhi Sub. Varahi Kanda (Dioscorea bulbifera) Rt., Shali (Hedychium spicatum) Rz. Nagarmotha (Cyperus rotundus) Rt., Punarnava sub. Shatavari (Asparagus racemosus) (Boerhavia di usa) Rt., Meda cardamomum) Fr., Kamal (Nymphaea stellata) Fl., Rt., Ela (Eleteria Mahameda) Rt., Vasa Adhatoda vasica) Rt., (Pueraria tuberosa) Vidari Ela (Eleteria /Kakoli Sub. , Ashwagandha (Asparagus racemosus), Cardamomum Fr., Tejapatra (Cinnamomum tamala) Lt., Nagkeshar (Mesua ferrea) Stamen., This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS

(NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Cranberry Mint Flavour

# rejuvenating gummy

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Qty./ Serving	**Approx % Daily Values in Adults Women & Men (18 years & above)
Contents		
Energy	8.4 kcal	<2%
Total Carbohydrate	4 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	4 g	*
Proteins	0 g	0%
Fat	0 g	0%
Sodium	8 mg	<1%
Inulite™ Ashwagandha (Withania somnifera Root Extract)	300 mg	*
Vitamin D (as Ergocalciferol)	5 mcg	33.33%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Maltitol Syrup (INS 965ii), Water, Gelling Agents (INS 440, INS 418 & INS 407), Acidity Regulators (INS 330 & INS 331(iii)), Inulite™ Ashwagandha (Withania somnifera Root Extract), Cranberry mint flavour and food colours & Vitamin D (Ergocalciferol).  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Gangy Mango & Lemon Mix Flavour

# vital vitamins gummy

## NUTRITIONAL INFORMATION

Contents	Amount Per Serving	**Approx % Daily Values	
		In Teens (13-18 years)	in Adults (18 Yrs. & above)
Calories	8 kcal	<1%	<1%
Total Carbohydrate	2.2 g	**	**
Sugar	1.6 g	**	**
Dietary Fiber (as pectin)	0.05 g	**	**
Proteins	0 g	**	**
Fats	0 g	0%	0%
Sodium	4 mg	<0.5%	<0.5%
Zinc (as Zinc Citrate)	7.5 mg	47%	50%
Vitamin K2-7	55 mcg	100%	100%
Selenium (as Selenium Chloride)	20 mcg	36%	36%
Vitamin D3 (from Vitashine™)	15 mcg	100%	100%
Cholecalciferol from Lichens			
Vitamin B12 (as Cyanocobalamin)	2.2 mcg	100%	100%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.

Gummy weight may vary due to drying.

**Ingredients:** Corn Syrup, sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Zinc, Tangy Mango & Lemon Mix Flavour & Food Colour: Curcumin (INS 100), Vitamin K2-7, Selenium, Vitamin D3, Vitamin B12, Natural Sweetener Stevia (INS 960)

This food is by its nature gluten free.

**Free of:** Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

**CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA**

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"Your Nutrition Ally"



Strawberry Flavour

# multivitamin pro gummy

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15 Contents	Amount Per Serving	**Approx % Daily Values in Adult Men (18 years & above)
Calories	15 kcal	<1%
Total Carbohydrate	4 g	*
Sugars	3 g	*
Dietary Fiber (as Pectin)	0.10 g	*
Proteins	0 g	0%
Fats	0 g	0%
Sodium	7.7mg	<1%
Vitamin C ( as Ascorbic Acid)	24 mg	30%
Vitamin E (as D-Alpha Tocopherol Acetate)	5 mg	50%
Pantothenic Acid (as Calcium-D-Pantothenate)	2.5 mg	50%
Zinc (as Zinc Citrate)	2 mg	12%
Magnesium (as Magnesium Citrate)	1 mg	<1%
Vitamin A (as Vitamin A Palmitate)	375 mcg	38%
Folate (1 Folic acid=1.7 Folate Equivalent)	100 mcg	33%
Iodine (as Potassium Iodide)	38 mcg	25%
Vitamin D (as Ergocalciferol)	15 mcg	100%
Vitamin B12 (as Cyanocobalamin)	2.2 mcg	88%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Water, Gelling Agents (INS 440), Acidity Regulator (INS 330, & 331iii), Vitamin C, Vitamin E, Pantothenic Acid, zinc, Magnesium, Strawberry Flavour and Food Colours: Black Carrot Concentrate (Daucus Carota Root Extract), Vitamin A, Folic Acid, Iodine, Vitamin D, Vitamin B12.

This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Strawberry Flavour

# iron+ gummy

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy for Kids & 2 Gummies for Adults No. of Serving: per container 30/15	Amount Per 1 Serving	**Approx % RDA In Childrens (4-6 years)	Amount Per 2 Serving	**Approx % RDA In Teens & Adults
<b>Contents</b>				
Energy	4.2 kcal	<1%	8.4 kcal	<2%
Total Carbohydrate	2 g	*	4 g	*
Sugars	0 g	*	0 g	*
Added Sugar	0 g	*	0 g	*
Sugar Alcohol	2 g	*	4 g	*
Proteins	0 g	0%	0 g	0%
Fat	0 g	0%	0 g	0%
Sodium	4mg	<0.5%	8mg	<1%
Vitamin C (as Ascorbic acid)	15 mg	50%	30 mg	23%
Iron (as Ferric Pyrophosphate) (from SunActiv Fe standardized to 8% elemental Iron)	10.5 mg	81%	21 mg	66%
Folate (1 Folic acid=1.7 Folate equivalent)	85 mcg	57%	170 mcg	57%
Vitamin B12 (as Cyanocobalamin)	0.3 mcg	14%	0.6 mcg	14%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Maltitol powder (INS 965i) and Maltitol Syrup (INS 965ii), Water, Gelling agent (440, 410, 407), Acidity Regulators (330, & 331iii), Vitamin C, Iron, Natural Strawberry Flavour and Food Colour: Black Carrot Concentrate (Daucus Carota Root Extract), Vitamin B9, Vitamin B12. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Craneberry Flavour

# sharp sighted gummy

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15	Qty./ Serving	**Approx % Daily Values in Children (5-17 years) & Adults (18 years & above)
<b>Contents</b>		
Energy	8.4 kcal	<2%
Total Carbohydrate	4 g	*
Sugars	0 g	*
Added Sugar	0 g	*
Sugar Alcohol	4 g	*
Proteins	0 g	0%
Fat	0 g	0%
Sodium	8 mg	<1%
<b>Eye Health Blend</b>		
Lutein (Lute-gen Omniaactive - 25mg)	5 mg	*
Zeaxanthin	1 mg	*
Omega-3: DHA (Algal DHA 20%)	15 mg	*
<b>Vitamins and Minerals Blend</b>		
Vitamin C	20 mg	67%
Vitamin E	5 mg	50%
Vitamin A	200 mcg	51%
Zinc	3.3 mg	100%
<b>Herbal Blend</b>		
Amla Extract	10 mg	*
Triphala (a proprietary blend of Amla, Bahera & Harad)	2.5 mg	*
White Pepper	0.25 mg	*
<b>Fruits &amp; Vegetables Blend</b>		
Pomegranate Extract	5mg	*
Carrot Extract	5mg	*
Bilberry Extract	5mg	*
Spinach Extract	5mg	*
Beetroot Extract	5mg	*

\*\*\*RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.  
#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage.  
Gummy weight may vary due to drying.

Ingredients: Honey, Maltitol Syrup (INS 965ii), Water, Gelling agents (440, 418, 407), Acidity regulators (330, 331iii), Vitamin C, Vitamin E, Zinc, Lutein, Zeaxanthin, Omega-3: DHA (Algal DHA 20%), Amla extract, Triphala, Pomegranate extract, Carrot extract, Bilberry extract, Spinach extract, Beetroot extract, Cranberry flavour and food colour: Black Carrot Concentrate (Daucus Carota Root Extract), Vitamin A, and White pepper.  
This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

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"Your Nutrition Ally"



Strawberry Flavour

# hsn with sesbania extract gummy

## NUTRITIONAL INFORMATION

Contents	Amount Per Serving	**Approx % Daily Values in Teens (13-17 years) & Adults (18 years & above)
Energy	8 kcal	0.4%
Protein	0 g	0%
Carbohydrate	2.2 g	**
Total Sugars	1.6 g	**
Added Sugars	0.8 g	1.6%
Dietary Fiber (as pectin)	0.05 g	0.17%
Total Fat	0 g	0%
Sodium	3 mg	<0.5%
<b>Vitamins</b>		
Vitamin A (as Vitamin A Palmitate)	300 mcg	30%
Vitamin C (as Ascorbic acid)	11.3 mg	14.13%
Vitamin E (as Calcium-D-Pantothenate)	10 mg	100%
Vitamin B6 (Pyridoxin Hydrochloride)	0.25 mg	13.16
Folate (1 Folic acid= 1.7 Folate Equivalent)	129 mcg	100%
Natural Biotin (From Sesbania grandiflora Extract 10,000 mcg)	40 mcg	100%
Vitamin B12 (as Cyanocobalamin)	1 mcg	45.45%
<b>Minerals</b>		
Zinc (as Zinc citrate)	1 mg	5.9%
Iodine (as Potassium Iodide)	21 mcg	15%
Other Ingredients		
Inositol	2.5 mg	**

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Teens 13-17 years & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.

\* Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: (Liquid Glucose), Water, Gelling Agents (INS 440, 418 & 407), Acidity Regulators (INS 330 & 331(iii)), Vitamin C (as ascorbic acid), Vitamin E (as Calcium-D-Pantothenate), Vitamin B6 (as Pyridoxin hydrochloride), Inositol, Zinc, Strawberry Flavour And Food Colour Black Carrot Concentrate (Daucus Carota Root Extract) Vitamin A (as Vitamin A Palmitate), Folic Acid, Natural Biotin (From Sesbania grandiflora Extract 10,000 mcg), Iodine (as Potassium Iodide), Natural Sweetener Stevia (INS 960). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA

+ Statements claimed have not been approved by the Food Safety Administration of India.

This product is not meant to diagnose, treat, prevent or cure any disease.

All claims are ingredient based claims and not based on product.

Brand Owners have to apply for Indian vegan approval to Endorse vegan logo on the labels.



GELATIN FREE



GLUTEN FREE



MILK FREE



PEANUT FREE



NUT FREE



SOY FREE

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Note: All above said information / Images is for reference prupose only



"Your Nutrition Ally"



SUGAR FREE

30 Gummies

100% veg

overall development optimum growth

multivitamin+ iron gummy (iron & vitamin)



\*A Perfect Growth blend with Vit A, C, D, E, Zinc, Iodine.....

Gluten Free • Great Taste



HEALTH SUPPLEMENT Mixed Fruit Flavour



Mixed Fruit Flavour

# multivitamin+ iron gummy (Iron & Vitamin)

## NUTRITIONAL INFORMATION

Contents	Amount per 1 Serving	**Approx % Daily Values in Kids (5-12 years)	Amount per 2 Serving	**Approx % Daily Values in Teens & Adults
Energy	4.2 kcal	<1%	8.4 kcal	<2%
Total Carbohydrate	2 g	*	4 g	*
Sugars	0 g	*	0 g	*
Added Sugar	0 g	*	0 g	*
Sugar Alcohol	2 g	*	4 g	*
Proteins	0 g	0%	0 g	0%
Fat	0 g	0%	0 g	0%
Sodium	7.7 mg	<1%	15.4 mg	<1%
Vitamin C (as Ascorbic acid)	15 mg	43%	30 mg	92%
Vitamin E (as Calcium-D-Pantothenate)	3 mg	30%	6 mg	60%
Iron (as Ferric Pyrophosphate) (from SunActiv Fe standardized to 8% elemental Iron)	1.25 mg	10%	2.5 mg	15%
Vitamin B5 (Vitamin B5 (as Calcium-D Pantothenate)	1 mg	30%	2 mg	40%
Zinc (as Zinc citrate)	0.25 mg	6%	0.5 mg	4%
Vitamin B6 (Vitamin B6 (as Pyridoxine Hydrochloride)	0.2 mg	12%	0.4 mg	21%
Vitamin B1 (as Thiamine Hydrochloride)	0.1 mg	11%	0.2 mg	14%
Vitamin A (as Vitamin A Palmitate)	172 mcg	34%	344 mcg	41%
Folate (1 Folic acid=1.7 Folate equivalent)	40 mcg	30%	80 mcg	36%
Selenium (as sodium selenate)	17.5 mcg	32%	35 mcg	64%
Biotin (Vitamin B7)	5 mcg	17%	10 mcg	25%
Vitamin D (as Ergocalciferol) (mcg)	4.375 mcg	29%	8.75 mcg	58%
Copper (as Cupric sulphate)	2.5 mcg	1%	5 mcg	2%
Vitamin B3 (as Niacin)	2.5 mcg	<1%	5 mcg	<1%
Vitamin B2 (as Riboflavin)	1 mcg	<1%	2 mcg	<1%
Vitamin B12 (As Cyanocobalamin)	0.20 mcg	9%	0.40 mcg	18%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-17 years & Adults based on a 2000kcal diet.  
 #An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
 \*Daily intake cannot be estimated as RDA is not established.  
 Appropriate overages of nutrients added to compensate for losses during storage.  
 Gummy weight may vary due to drying.  
 Ingredients : Maltitol powder (INS 965i) and Maltitol Syrup (INS 965ii), Water, Gelling Agents : Pectin (INS 440), Carrageenan (INS 418), Gellan Gum (INS 407), Vitamin C (as Ascorbic Acid), Vitamin B3 (as nicotinamide), Vitamin E (as D-Alpha Tocopherol Acetate), Iron (as Ferric Pyrophosphate) (from SunActiv Fe standardized to 8% elemental Iron), Vitamin B5 (as Calcium-D Pantothenate), Zinc (as Zinc Citrate), Vitamin B1 (as Thiamine Hydrochloride), Vitamin B2 (Riboflavin as Riboflavin Phosphate-5 Sodium), Vitamin B6 (as Pyridoxine Hydrochloride), Vitamin, Mixed Fruit Flavour And Food Colour: Black Carrot Concentrate (Daucus Carota root extract), Vitamin A (as Vitamin A Palmitate), Folic Acid, Selenium (as Sodium Selenate), Biotin, Vitamin D (as Ergocalciferol), Cupric Sulphate, Vitamin B3, Vitamin B2, Vitamin B12 (as Cyanocobalamin). This food is by its nature gluten free.  
 Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.  
 CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)

+ Statements claimed have not been approved by the Food Safety Administration of India. This product is not meant to diagnose, treat, prevent or cure any disease. All claims are ingredient based claims and not based on product. Brand Owners have to apply for Indian vegan approval to Endorse vegan logo on the labels.



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"Your Nutrition Ally"



SUGAR FREE



Mango Flavour

# bone pillar gummy (Calcium & Vitamin D)

## NUTRITIONAL INFORMATION

Serving Size: 1 Gummy for Kids & 2 Gummies for Adults No. of Serving: per container 30/15	Amount Per 1 Serving	**Approx % RDA In Childrens (4-6 years)	Amount Per 2 Serving	**Approx % RDA In Teens & Adults
Energy	4.2 kcal	<1%	8.4 kcal	<2%
Total Carbohydrate	2 g	*	4 g	*
Sugars	0 g	*	0 g	*
Added Sugar	0 g	*	0 g	*
Sugar Alcohol	2 g	*	4 g	*
Proteins	0 g	0%	0 g	0%
Fat	0 g	0%	0 g	0%
Sodium	4 mg	<0.5%	8 mg	<1%
Calcium (as Tricalcium phosphate)	125 mg	15%	250 mg	30%
Vitamin D(as Ergocalciferol)	5 mcg	33%	10 mcg	67%

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Children 5-12 years & Teens (13-18yrs).

\*Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients : Maltitol Powder (INS 965i), Fructooligosacchride 95%, Water, Gelling Agents (INS440, 418, 407), Calcium (as Tricalcium Phosphate), Flavour Mango, Food Colour : Curcumin (INS100), Vitamin D (as Ergocalciferol), Coating (INS 903, 905e). This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES)



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"Your Nutrition Ally"



Strawberry Flavour

# uti defence gummy

## NUTRITIONAL INFORMATION

Serving Size: 2 Gummies No. of Serving: per container 15 Contents	Amount Per Serving	**Approx % Daily Values In Teens & Adults
Energy	16 kcal	< 1%
Total Carbohydrate	4.4 g	*
Sugar	1.6 g	*
Dietary Fiber (as pectin)	0.10 g	*
Proteins	0 g	0%
Fat	0 g	0%
Vitamin C	30 mg	50%
D-mannose	60 mg	*
Cranberry Extract (Vaccinium Oxycoccus)	500 mg	*

\*\*%RDA Calculated is based on ICMR 2020 guidelines for Teens & Adults based on a 2000kcal diet.

#An average active adult requires 2,000 kcal energy per day, however, calorie needs may vary.  
\* Daily intake cannot be estimated as RDA is not established.

Appropriate overages of nutrients added to compensate for losses during storage. Gummy weight may vary due to drying.

Ingredients: Corn Syrup, Sugar, Natural Sweetener Stevia (INS 960), Water, Gelling Agents (INS 440, 418, 407), Acidity Regulator (INS 330 & 331), Cranberry Flavour & Black Carrot Concentrate Color. This food is by its nature gluten free.

Free of: Proteins, Trans Fats, Saturated Fats, Cholesterol, Gelatin, Wheat (Gluten), Milk, Eggs, Soy, Tree Nuts, Peanuts, Fish, Crustaceans, Sulphite, Artificial Flavour, Animal derivatives and Preservatives.

CONTAINS PERMITTED NATURAL COLOURS (INS) AND ADDED FLAVOURS (NATURAL FLAVOURING SUBSTANCES) & NON CALORIE SWEETENER STEVIA



GELATIN FREE



GLUTEN FREE



MILK FREE



PEANUT FREE



NUT FREE



SOY FREE

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**TAMARIND FLAVOUR**

# SHILAJIT *Spark* GUMMY

**Serving per container** : 30 N Gummies

## COMPOSITION

## EACH GUMMY CONTAINS

### INGREDIENTS:

INGREDIENTS:	QNT.Y
Truextracts® Himalayan Shilajit (Asphaltum Punjabianum resin; std. 75% Fulvic acid)	200 mg
Ashwagandha (Withania Somnifera Rt. Ext. pd.)	50 mg
Black Musli (Curculigo Orchioides. Rt. ext. pd; std. saponin 20%)	10 mg
Gokhru (Tribulus terrestris Whl pint ext pd.; std saponin 40%)	5 mg
Panax ginseng (Syn; Korean Ginseng, CA. Meyer, Araliaceae Rt. Ext. pd.)	5 mg
Ginger (Zingiber Officinalis Rt. Ext. pd.;std.)	5 mg
Kaunch (Mucuna pruriens Seed Ext. pd.)	5 mg
Akarkara (syn Spanish Chamomile; Anacyclus pyrethrum flower ext. pd.)	5 mg
Flavour Tamarind	
Excipients QS	

It is an Ayurvedic product, so the color and flavor may change over time, but the efficacy remains the same.

### INDICATIONS:

- Balya (Body Strengtheners)
- Vrishya (Aphrodisiac)
- Vajikar (Enhances Vigor and Vitality)

### DOSAGE:

1-2 gummies twice daily as required or as directed by a physician.

### DIRECTION FOR USE:

Chew the gummy thoroughly and completely.

### DISCLAIMER:

All claims are ingredient-based and not product-based. Images are for reference purposes only.



"Your Nutrition Ally"



TAMARIND FLAVOUR

# SHILAJIT GUMMY

Serving per container : 30 N Gummies

## COMPOSITION

## EACH GUMMY CONTAINS

### INGREDIENTS:

Truextracts® Himalayan Shilajit  
(Asphaltum Punjabianum resin; std. 75% Fulvic acid)  
Flavour Tamarind  
Excipients QS

### QNT.Y

200 mg

It is an Ayurvedic product, so the color and flavor may change over time, but the efficacy remains the same.

### INDICATIONS:

- Balya (Body Strengtheners)
- Vrishya (Aphrodisiac)
- Vajikar (Enhances Vigor and Vitality)

### DOSAGE:

1-2 gummies twice daily as required or as directed by a physician.

### DIRECTION FOR USE:

Chew the gummy thoroughly and completely.

### REFERENCE:

Authentic Shilajit, formulated based on Bhaishajya Ratnavali (Pages 35-36).

### DISCLAIMER:

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"Your Nutrition Ally"